

How To Refer

Submit the following information:

- Client Name:
- Client identifiers:
- Client DOB (If available):
- Last known location:
- Reason for referral:

1) By phone to HOST Supervisor
Layla Cardenas - (360) 764-6282

OR

2) By Email: host@tmbho.org

You can find additional information
including referral form on our
website: www.ohrs.org/host

Contact Us

Layla Cardenas, LMHCA, SUDP
HOST Supervisor
Cell: 360-764-6282
layla.cardenas@tmbho.org

612 Woodland Square Loop SE #401
Lacey, WA 98503
Phone: 360-763-5828 or
TTY: 7-1-1 or 1-800-833-6388
Email: inquiries@tmbho.org
www.ohrs.org

*Interpreters and other accommodations
are available upon request.*

Houseless Outreach Stabilization and Transition

Serving Thurston and Mason Counties



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What is HOST?

The Houseless Outreach Stabilization and Transition (HOST) Program is designed to reach people whose severe and disabling substance use and behavioral health symptoms keep them from being able to receive conventional physical and behavioral health service.

HOST is not a linkage to service, rather it meets people wherever they are, providing highly tailored services through a whole-person and comprehensive team approach.

HOST Eligibility Criteria

- Adult (18 or older)
- Unhoused or imminent risk of losing housing
- Severe substance use or co-occurring mental health disorder
- Unable or unwilling to access traditional behavioral health services

Services Available

- Substance Use Assessment and Treatment
- Mental health Assessment and Treatment
- Intensive Case Management
- Peer Counseling
- Street Medical Outreach
- Psychiatric Evaluation and Medication Management

Goals of HOST

- Engage people experiencing houselessness and behavioral health challenges who are unable or unwilling to access traditional services.
- Provide intensive case management and stabilization services with a range of treatment options.
- Develop and maintain linkages to critical resources including mental health and substance use treatment, psychiatric and physical health care, financial support services and other support services.
- Transition stabilized individuals to long-term behavioral health or other appropriate ongoing services.

HOST Priority Population

- Individuals experiencing houselessness with substance use and/or severe behavioral health conditions.
- Individuals with low social functioning or disordered behaviors that impact their ability to access or engage in traditional behavioral health models.
- Individuals who lack service connections and are highly marginalized and vulnerable to predatory behavior.
- Individuals that have experienced long periods of houselessness, repeatedly lost housing, or have been houseless for many months or years.
- Individuals that need assertive, intensive case management; services need to be brought to the individual to stabilize the condition sufficiently, access resources, and transfer to longer term care.
- Individuals that have barriers to accessing care, such as, lack of insurance, lack of citizenship, or vulnerable and marginalized groups.